

2025-2026 TTC Catalog - School-Age and Youth Development (SAC)

SAC 101 - Best Practices in School-Age and Youth Care Skills

Lec: 3.0 **Lab:** 0 **Credit:** 3.0

Course Offered

Fall
Spring
Summer

This course introduces basic best practices of school-age and youth care skills for practitioners in out-of-school care environments.

Grade Type: Letter Grade

Division: Humanities and Social Sciences

SAC 200 - Introduction to School-Age and Youth Care

Lec: 3.0 **Lab:** 0 **Credit:** 3.0

Course Offered

Fall

This course introduces students to current theories and practices relevant to the care of school-age children and youth. Characteristics of the components of quality programs are explored using the nationally recognized program appraisal tool A.S.Q. (Assessing School-Age Child Care Quality).

Grade Type: Letter Grade

Division: Humanities and Social Sciences

SAC 201 - Development of the School-Age Child and Youth

Lec: 3.0 **Lab:** 0 **Credit:** 3.0

Course Offered

Spring

This course examines how to plan for and guide the social and emotional development of school-age children and youth. Students gain the knowledge and skills to interpret

and evaluate behavior and to make appropriate decisions needed to work effectively with school-age children.

Prerequisite

SAC 101

Grade Type: Letter Grade

Division: Humanities and Social Sciences

SAC 202 - Administration of School-Age and Youth

Lec: 3.0 **Lab:** 0 **Credit:** 3.0

Course Offered

Summer

This course is designed to allow students to gain insight into the pragmatic aspects of program administration and supervision. Students will obtain an understanding of the skills needed to maintain, promote and enhance total program development and participate in forums with area program coordinators to discuss current issues related to program administration and supervision.

Prerequisite

SAC 101

Grade Type: Letter Grade

Division: Humanities and Social Sciences

SAC 203 - Designing Model Environments for School-Age Child Care

Lec: 3.0 **Lab:** 0 **Credit:** 3.0

Course Offered

Summer

This course focuses on the relationship between SAC curriculum and the SAC environment. Students explore curriculum design, standards of quality in the indoor and outdoor environment, as well as how to utilize existing shared indoor space effectively. Field trips are an integral component to the course.

Prerequisite

SAC 200

Grade Type: Letter Grade

Division: Humanities and Social Sciences

SAC 204 - Safety, Health and Nutrition for School-Age Children and Youth

Lec: 3.0 **Lab:** 0 **Credit:** 3.0

Course Offered

Summer

This course provides an in-depth look into security issues in school-age programs. Students plan nutritional snacks and learn techniques to protect and enhance the health of children.

Prerequisite

SAC 101

Grade Type: Letter Grade

Division: Humanities and Social Sciences

SAC 205 - Guiding Behavior, Violence Prevention and Classroom Management Strategies

Lec: 3.0 **Lab:** 0 **Credit:** 3.0

Course Offered

Fall

Students learn to recognize patterns of violence, how they develop and how they can be modified and controlled. Students also learn to incorporate positive behavioral skills used in guiding children's behavior.

Prerequisite

SAC 101

Grade Type: Letter Grade

Division: Humanities and Social Sciences

SAC 206 - Human Relationships for Children, Staff and Families

Lec: 3.0 **Lab:** 0 **Credit:** 3.0

Course Offered

Spring

This course is a study in the human relationships present in school-age care programs. Focus will be on the examination of the various relationships and how the management of these relationships provides effective tools for developing quality programs.

Prerequisite

SAC 101

Grade Type: Letter Grade

Division: Humanities and Social Sciences

SAC 207 - Science, Technology and Cultural Arts in School-Age and Youth Programs

Lec: 3.0 **Lab:** 0 **Credit:** 3.0

Course Offered

Spring

This course provides an opportunity for students to learn to incorporate the use of science, technology and arts in planning activities and administering program operations.

Grade Type: Letter Grade

Division: Humanities and Social Sciences

SAC 208 - Supervised Field Experience for School-Age and Youth Care

Lec: 2.0 **Lab:** 3.0 **Credit:** 3.0

Course Offered

Spring

This course offers students the opportunity to put skills they have learned through the school-age curriculum into practice.

12 semester credit hours in SAC courses

Grade Type: Letter Grade

Division: Humanities and Social Sciences

SAC 209 - Introduction to Special Education for School-Age Children and Youth

Lec: 3.0 **Lab:** 0 **Credit:** 3.0

Course Offered

Spring

This course includes an overview of school-age children and youth with special needs. The course will review the history of the field, basic beliefs, current trends and

exceptionality categories emphasizing treatment modalities, community resources, federal legislation and strategies for inclusion.

Prerequisite

SAC 101

Grade Type: Letter Grade

Division: Humanities and Social Sciences
