

2019-2020 TTC Catalog

SFT 121 Medical Exercise

Lec: 2.0 Lab: 3.0 Credit: 3.0

This course addresses exercise for special populations: orthopedic (pre- and post-surgical), neurological, rehabilitation of cardiac and chronic diseases/disorders, using conditioning exercises for prevention of such.

Prerequisite

SFT 101

SFT 107

and

SFT 130

Course Offered

Spring

Grade Type

Letter Grade

Division

Health Sciences