

StartYourRecovery.org offers relatable information for people who are dealing with substance use issues – and their family members, friends, and co-workers, too. We know that there is no one-size fits-all solution to the challenges faced by those who misuse alcohol, prescription, or illegal drugs, or other substances, and we aim to break through the clutter to help people at any stage of recovery.



Share your story.

This site wouldn't be possible without powerful stories shared by people from all walks of life. With your help, we can connect people with the support and treatment they need to start their recovery.

Get in touch – we'd love to hear what you have to say.

To learn more about partnership opportunities, please contact

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