# The Challenge of Change: Gearing UP for Life After High School <br> (McGuire, J.M., 1988) 

HIGH SCHOOL
COLLEGE

- 6 hours per day, 180 days

Total? 1,080 hours!

- Whatever it takes to do your homework!
1-2 hours per day?
- Weekly; at the end of a chapter; frequent quizzes
- "Passing" grades guarantee you a seat!

TEACHERS

- Often take attendance
- May check your notebooks
- Put info on the blackboard
- Impart knowledge and facts
- Structured defines it most of the time!
- Limits are set: by parents, teachers, by adults


FREEDOM


STUDY TIME

TESTS


## GRADES



- Satisfactory academic standing $=\mathrm{C}$ 's or above!
- 12 hours per week, 28 weeks

Total? 336 hours!

- Rule of thumb:

2 hours of study for 1 hour of class 3-4 hours per day?

- 2-4 per semester; at the end of a four chapter unit; at 8:00 a.m. on the Monday after Homecoming!
- Rarely teach you the textbook
- Often lecture non-stop
- Require library research
- Challenge you to think

- The single greatest problem most college students face!
- Should I go to class?
- Should I plan on four, five, six, or ten hours of sleep?

