The Challenge of Change: Gearing UP for Life After High School

(McGuire, J.M., 1988)

HIGH SCHOOL COLLEGE CLASS TIME 6 hours per day, 180 days • 12 hours per week, 28 weeks Total? 336 hours! Total? 1,080 hours! **STUDY TIME** • Rule of thumb: Whatever it takes to do your • homework! 2 hours of study for 1 hour of class 3 - 4 hours per day? 1 - 2 hours per day? TESTS Weekly; at the end of a • 2 - 4 per semester; at the end of a four • chapter; frequent quizzes chapter unit; at 8:00 a.m. on the Monday after Homecoming! x= = = = . **GRADES** • "Passing" grades guarantee Satisfactory academic standing = C's • REPORT you a seat! or above! CARD **TEACHERS** • Often take attendance • Rarely teach you the textbook • May check your notebooks • Often lecture non-stop AE • Put info on the blackboard • Require library research • Impart knowledge and facts • Challenge you to think **FREEDOM** • Structured defines it most of • The single greatest problem most the time! college students face! • Limits are set: by parents, • Should I go to class? teachers, by adults • Should I plan on four, five, six, or ten hours of sleep?